

## ***Emotional Health and Well Being Support Fund*** **Guidelines for Applicants August 2022**

Calderdale Cares Partnership is launching a new fund. Voluntary and community sector groups can apply for funds to support Calderdale residents improve their emotional health and wellbeing.

£270K is available for groups to apply for in three categories – i) up to £5K, ii) up to £10K, iii) up to £25K.

We can all help to make Calderdale a place where people live longer, safer, healthier lives. Successful groups will be contributing to the goals of Calderdale's Wellbeing Strategy 2022-2027.

This funding is available through Community Foundation for Calderdale.

### ***Background Information***

#### **Funder**

Calderdale Cares Partnership is a partnership of local organisations representing the NHS, local government, Healthwatch and the community and voluntary sector in Calderdale.

They are responsible for arranging and delivering health and care services for people who live in Calderdale.

They work to improve the health and wellbeing of local people. By working together, partners aim to reduce health inequalities and deliver joined up health, support, and community care for the people of Calderdale.

The Calderdale Cares Partnership Board is a place-based committee of the NHS West Yorkshire Integrated Care Board. Place-based committees are responsible for making decisions about how NHS resources are used in their local area.

NHS West Yorkshire Integrated Care Board is a new statutory organisation set out in the Health and Care Act 2022. It has picked up the functions of NHS Clinical Commissioning Groups (CCGs) in West Yorkshire which were abolished on 1 July 2022.

- More information about Calderdale Cares Partnership: [www.calderdalecares.co.uk](http://www.calderdalecares.co.uk)
- More information about NHS West Yorkshire Integrated Care Board: <https://www.westyorkshire.icb.nhs.uk/about-west-yorkshire-integrated-care-board/our-plans>

#### **Health & Wellbeing in Calderdale**

Health and wellbeing in Calderdale is ranked as 'D' in *Vital Signs*, which means 'things aren't going very well' in Calderdale. You can read the full *Vital Signs* report here: <https://cffc.co.uk/wp-content/uploads/2021/02/FINAL-full-report-version-for-board-copy-3.pdf>

We do not yet know the full impact of COVID-19, but we have already seen rises in incidences of domestic abuse, changes in employment impacting on deprivation and homelessness and mental health being negatively affected for many people. Reducing health inequalities remains a challenge in Calderdale.

Calderdale's *Wellbeing Strategy 2022-2027* describes Calderdale's vision and aspirations for people's wellbeing in the borough:

*To achieve our aim of enabling everyone to live a larger life, we need to support good health and wellbeing throughout the course of our lives, so we have one priority goal for each life stage' p.4*

This strategy is for many partners, including the voluntary and community sector as well as the statutory sector. The *Health and Wellbeing Board* will be where local people will hold the system to account for its delivery.

The strategy sets out priorities based on the four life stages:

- Starting well (age 0-5) – The goal is children are ready for school
- Developing well (age 6-25) – The goal is every 15 year old has hope and aspiration
- Living and working well – The goal is working age people have good emotional health and wellbeing and fewer suicides
- Ageing well (over 75) – The goal is older people have strong social networks and live in vibrant communities

Calderdale Cares Partnership is keen to support local communities to meet the needs of their residents and increase their resilience. This is especially needed following the Covid pandemic and whilst the current cost of living crisis is affecting people across the borough. The fund is a holistic one and applications are welcome from a broad range of groups. **Calderdale Cares Partnership is looking forward to seeing projects that aim to improve emotional 'wellbeing' in its widest sense.**

The table below gives a few examples of delivering emotional health and wellbeing services at each life stage for varying types of groups e.g. larger charities, local community groups, grassroots organisations:

Life Stage	Example of improving emotional health and wellbeing
<b>Starting Well</b>	<ul style="list-style-type: none"> <li>• Supporting partners of women who are experiencing perinatal mental health issues, ensuring they can access support</li> <li>• Developing maternity outreach that provides support for both the physical and mental health of mothers</li> <li>• Examples of local community groups could be toddler groups, breast feeding support or weaning groups</li> </ul>
<b>Developing Well</b>	<ul style="list-style-type: none"> <li>• Improving access to emotional health services for children and adolescents</li> <li>• Aligning and coordinating with other services particularly those for: people with a learning disability, children with special educational needs, children with autistic spectrum disorders, children receiving health care and those children who are in contact with criminal justice services</li> <li>• Examples of local community groups could be singing or other activity groups, mindfulness activities, sports groups, counselling sessions</li> </ul>
<b>Living &amp; Working Well</b>	<ul style="list-style-type: none"> <li>• Enabling people to access employment and support for individual work placements</li> <li>• Use networks of anchor organisations to drive improvement in workplace emotional health and wellbeing offers</li> </ul>

	<ul style="list-style-type: none"> <li>• Examples of local community groups could be local money management courses, advice groups, mental health drop-ins, work advisory sessions for newly arrived people in Calderdale</li> </ul>
<b>Ageing Well</b>	<ul style="list-style-type: none"> <li>• Improve support to people with dementia and their families/carers</li> <li>• Reducing social isolation through the development of social prescribing and community and voluntary sector offers</li> <li>• Examples of local community groups could be coffee mornings, walking groups or community gardens</li> </ul>

This list is not exhaustive and you can find out more about this strategy here:

<https://www.calderdale.gov.uk/v2/sites/default/files/Health-and-wellbeing-strategy-2022-2027.pdf>

### ***Who can be supported by grants?***

- Organisations which support **residents in Calderdale** to improve their health and wellbeing,
- Organisations which support health and wellbeing projects, that meet the NHS West Yorkshire Integrated Care Board plan and contribute to Calderdale Wellbeing Strategy 2022-2027
- See further eligibility criteria below.

The focus will be on those groups and communities who have been particularly adversely affected by the Covid Pandemic and current social and economic conditions.

### ***How much can you apply for?***

- You can apply for grants either i) up to £5K, ii) up to £10K, or iii) up to £25K
- CFFC would like funds to reach those in need quickly and will encourage successful applicants to spend funds within one year of receipt

### ***Who can apply?***

- Constituted voluntary, community and faith groups run for and by local people (individuals cannot apply)
- Registered charities and groups with charitable purposes working in Calderdale, (including Charitable Incorporated Organisations, IPS etc)
- Community Interest Companies (CICs) who do not, and cannot, pay dividends CFFC recognises that other kinds of organisation may also carry out activities which are charitable. This may include Social Enterprises, Community Interest Companies, and Companies limited by guarantee. Organisations that do not fully meet the not-for-profit criteria above but do carry out activities which are charitable and have a clear public benefit can be supported where:
  1. There is demonstrable public benefit and clear protection against private benefit
  2. The organisation has a minimum of three directors, the majority of whom are not paid employees
  3. The salaries and benefits of any paid directors must be approved by most non-executive directors and must be reasonable and proportionate to the work they do and the financial position of the organisation
  4. CICs must have an asset lock body with objectives which are both charitable and like the CIC

We are unlikely to award a grant of more than £5,000 to CICs or social enterprises which allow for payment to members of their governing body.

- Community Amateur Sports Clubs (CASCs) whose Governance documents include a clear community benefit clause, open membership and an asset lock
- Schools (except private, fee charging schools), whether part of the Local Authority or direct funded in some way, to apply for grants for activities which are clearly extra-curricular. CFFC welcomes applications from PTAs/Friends of School groups and Academies.
- Partnership projects are particularly welcomed.
- Applicants should supply all the items listed below:
  1. constitution, terms of reference, or relevant governance document
  2. bank account details and a recent bank statement (within the last 3 months)
  3. annual accounts and evidence of the ability to track all financial transactions
  4. a written policy for safeguarding children, young people and/or vulnerable adults
  5. an equalities and diversity policy
  6. Committee Members Contact List
  7. Quotes/Estimates/Costs (where applicable) as outlined in Section 4 of your application
  8. Risk assessment for activity (if appropriate)
  9. Evidence of Food Safety Training and registration with Environmental Health, if your application involves handling fresh food

If you have applied to Community Foundation for Calderdale in the past few months you can contact us to check if we have the most up to date documents on our system. Please get in touch **before** submitting your application.

### ***What cannot be funded***

- General appeals
- Retrospective applications (i.e., the funding of activities that have already taken place or the repayment of money that has already been spent)
- Projects that would normally have been funded from statutory sources (e.g., Calderdale CMBC, the local Education Authority, Social Services or Central Government).
- Religious activities or projects that promote religion, although we may fund activities carried out by faith groups for wider community benefit.
- Political activities.
- Projects where the main beneficiaries are animals.

### ***What will successful applications deliver?***

Applications should show that they will have a lasting positive impact on individuals and families in Calderdale. **We are looking for well-evidenced ‘tried and tested’ methods and also innovative approaches to improving emotional health and well-being:**

- **Holistic approach** - demonstrating partnership working or good working relationships with local community groups and other voluntary or statutory groups
- **Targeted work** - focusing provision to where need is greatest; considering those disproportionately affected by health inequalities
- **Visibility** – being accessible to individuals and families is key to this funding. Your organisation needs to be visible, welcoming and linked-in to other supportive agencies e.g. children’s centres

- **Safety** – applications should describe contingency arrangements/planning for COVID
- **Eligibility** – please include all the required documentation and submit **with your application** before the deadline

### ***What should be included in an application?***

1. How does your project contribute to the goals of the Wellbeing Strategy 2022-2027?
  - Starting well (age 0-5) – The goal is children are ready for school
  - Developing well (age 6-25) – The goal is every 15 year old has hope and aspiration
  - Living and working well – The goal is working age people have good emotional health and wellbeing and fewer suicides
  - Ageing well (over 75) – The goal is older people have strong social networks and live in vibrant communities
2. Please highlight which of these goals your project is working towards (you can work towards more than one goal)
3. Please evidence how your project is holistic, targeted, visible, safe and eligible e.g. demonstrate your partnerships and how your work complements existing projects and local health providers.
4. Please include an appropriate **timescale**
5. Please include what your **outcomes** will be for Calderdale residents

### ***Scoring***

Applications will be scored on:

- a) documentation supplied re: eligibility and fulfilment of criteria
- b) project budget – is it reasonable and based on worked out costs?
- c) project deliverables, i.e., the sections above – *What will successful applications deliver?* and *What should be included in an application?* Please address each point in your application form
- d) compliance with monitoring, marketing etc and other agreed requirements regarding previous grants awarded to applicants by CFFC
- e) the financial stability of the organisation

### ***Monitoring and evaluation***

- Groups will be asked to collect basic demographic data on beneficiaries, list services provided, record volunteer involvement and the difference the grant has made
- Groups will be asked to complete online end-of-grant monitoring; a link will be sent to successful applicants
- Evidence of spend will be required as part of the monitoring process

### ***How to apply***

Applications are online. Please access the application form using this link:

[Click here to apply to the Emotional Health & Wellbeing Support Fund](#)

## ***Deadlines***

Please apply by **10am Thursday 22nd September 2022** including any requested supporting documentation

Applicants will be notified of outcomes by the end of October 2022.

**If you have any questions, please contact the Grants Team on 01422 349700**  
**[grants@cffc.co.uk](mailto:grants@cffc.co.uk) or email Rachel Burnett: [rachelb@cffc.co.uk](mailto:rachelb@cffc.co.uk)**