

Healthy Holidays Calderdale: Useful Links

Standard	Links
Food	<p>Sign up to the 'Calderdale Sugar Smart Campaign' and the 'Calderdale Food Charter' here: https://www.sustainablefoodplaces.org/members/calderdale/</p> <p>Food Standards Agency: https://www.food.gov.uk/</p> <p>School Food Standards: http://www.schoolfoodplan.com/actions/school-food-standards/</p> <p>Allergens: https://www.food.gov.uk/business-guidance/allergen-guidance-for-food-businesses</p>
Enriching activities	<p>https://museums.calderdale.gov.uk/ https://www.calderdale.gov.uk/v2/residents/leisure-and-culture/libraries</p> <p>https://www.calderdale.gov.uk/v2/sports-and-fitness</p> <p>https://artsdrop.co.uk/</p>
Physical Activities	<p>https://active.calderdale.gov.uk/</p> <p>NHS Physical Activity Guidelines: https://www.nhs.uk/live-well/exercise/physical-activity-guidelines-children-and-young-people/</p> <p>NICE recommendations on physical activity for children & young people: https://www.nice.org.uk/guidance/ph17/chapter/1-Recommendations</p>
Nutritional Education	<p>https://www.nhs.uk/change4life</p> <p>http://www.schoolfoodplan.com/</p>

	<p>https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/</p> <p>Noah's Ark recipes and YouTube cooking on a budget videos – http://www.noahsarkcentre.org.uk/neverhungryagain.html</p> <p>Phunky Foods recipes for cooking together – https://www.phunkyfoods.co.uk/parents/cooktogether/</p>
<p>Signposting & referrals</p>	<p>Calderdale Council: https://www.calderdale.gov.uk/v2/residents/community-and-living/tackling-poverty-calderdale</p> <p>https://safeguarding.calderdale.gov.uk/</p> <p>Calderdale Public Health Early Years' Service (PHEYS) Support from the Health Visiting Team (breastfeeding, maternal mental health, in pregnancy and for children from birth to 5 years) Phone: 030 0304 5076. Facebook: Locala Health Visiting Calderdale https://www.locala.org.uk/your-healthcare/health-visiting/</p> <p>Healthy Futures Calderdale Health and well-being advice, support, signposting and referral service from public health nurses. This is for school-aged children and their families: Phone: 030 33 309974. Social media, search for "Healthy Futures Calderdale".</p> <p>New - Chat Health confidential secure text messaging service: Text: 07480 635297 for the young people's service. Text: 07507 332157 for the parents and carers service.</p>
<p>Policies & Procedures</p>	<p>Safeguarding – https://www.gov.uk/government/publications/keeping-children-safe-in-out-of-school-settings-code-of-practice</p>

[Calderdale Safeguarding Children Partnership](#)

Volunteers – <https://knowhow.ncvo.org.uk/safeguarding/steps-to-a-safer-organisation/choosing-staff-volunteers-and-trustees>

Health & Safety – [Health and Safety Executive - GOV.UK \(www.gov.uk\)](#)

Equality & Diversity/Accessibility & Inclusiveness – [UN Convention on the Rights of the Child \(UNCRC\) - UNICEF UK](#)

<https://www.calderdale.gov.uk/v2/residents/community-and-living/equality-and-diversity>

<https://www.calderdale.gov.uk/v2/residents/community-and-living/equality-and-diversity/public-sector-equality-duty>

Ofsted - <https://www.gov.uk/guidance/childminders-and-childcare-providers-register-with-ofsted/registration-requirements>

If you have suggestions for this document, please send onto rachelb@cffc.co.uk It would be helpful to all if we can keep this document up to date and as informative as possible for new schemes joining *Healthy Holidays Calderdale*